

<p><b>Status: Guideline:</b> offers direction and guidance on good practice, need not necessarily be strictly adhered to.</p>	<p><b>Policy No: CLG 22</b> <b>Revision No: 0</b> <b>Date Approved: 01/03/11</b> <b>Review Date: 01/03/13</b></p>
<p><b>Title:</b> Guidelines for Assisting a Cheshire Ireland Service User to use a Urinal</p>	
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<p><b>Approved by:</b></p>	
<p><b>Cross Reference:</b> BPH 02, ICGOI, ICGO2.</p>	

### 1.0 Purpose

The purpose of these guidelines is to ensure appropriate assistance is offered to Cheshire service users when using a urinal and to ensure the dignity of the person is respected when staff are providing assistance.

### 2.0 Scope

These guidelines refer to all Cheshire Services where staff assist people to use a urinal.

### 3.0 Responsibility

- It is the responsibility of all staff involved in assisting people to use urinals to be familiar with and adhere to these guidelines.
- It is the responsibility of all service managers to ensure staff are familiar with the guidelines and to monitor compliance.

### 4.0 Definitions

**Urinal:** A urinal is a vessel so constructed that it can be used to collect urine from a male resident in bed/chair.

### 5.0 Guidelines

#### Equipment

- Urinal and cover
- Toilet paper
- Sterile Gloves

Procedure:

- Wash and dry hands thoroughly.
- Apply gloves.
- Take the covered urinal and toilet paper to the bedside.
- Proceed in line with the Best Possible Health Continence Care Plan.
- Explain the process to the service user.
- Ensure adequate privacy.
- Engage with the service user to assist them to adopt an appropriate position.
- If necessary assist the service user to hold the urinal and position the penis inside.
- Check the service user is comfortable.
- Cover the service user with a sheet/bedclothes to preserve privacy.
- Ensure the call light is within easy reach, and leave the service user in a private environment. Ask the service user to signal when they are finished.
- When the service user has finished, remove the urinal and cover it.
- Provide assistance to the service user with cleansing and hand washing as needed.
- Ensure the service user is comfortable.
- Dispose of urine safely and place the urinal in the washer or disposal system as appropriate.
- Remove gloves.
- Wash and dry hands thoroughly.

**Troubleshooting:**

- Spills can occur if urinals or “bottles “ overfill and they should be removed for emptying immediately after use.
- If changes are observed in the frequency, appearance, or smell of urine, the service user complains of pain when urinating lower, abdominal pain, lower back pain or discomfort are observed; record in Best Possible Health Daily Continuation Sheet/BPH Continence Records and report to lead clinical person/line manager.

## **6.0 References**

Mallett, J. & Dougherty, L. (2000). *The Royal Marsden Hospital Manual of Clinical Nursing Procedures*, Blackwell Publishing, Oxford.

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Robertson, B. & O’Kell, S. (1995). *Study Guide for Health and Social Care Support Workers*. First Class Books Pub., Bristol.

Angela Dustagheer, Joan Harding and Chris McMahon (2005) *Knowledge to Care, A handbook for Care Assistants*, Blackwell Publishing.