

## Cheshire Ireland Together reaching dizzy heights!!!

December 2021



## Introducing Cheshire Ireland Inaugural Sky Dive





Cheshire Ireland is about to take on its very first Sky Dive to raise funds for the services and programmes it provides to the people we support

Bobbie Connolly challenged Paddy Quinn Head of Operations on our last staff call via her fantastic video (which we will share with you soon) to join her in jumping out of a plane at 13,000 feet however we are going to go easy on Paddy and do 10,000 ft

Bobbie believes if she can do it so can anyone and so here we are!!!

Paddy very graciously has accepted the challenge so we have started the ball rolling

Paddy is asking if anyone else would like to join him as he jumps from a plane to raise funds for Cheshire Ireland so this is where you come in!!!!





# So what do you need to know...



### What is a tandem jump?



- □ A **tandem jump** is where you are attached to an instructor and requires very little training
- □ You then jump from 10,000ft upon the instructors say so
- □ You freefall to 5,000ft and your instructor will then open the chute.
- □ You get a chance to steer the parachute yourself before the tandem instructor takes over for the landing.
- □ And you then put yourself back on solid ground and catch your breath some might even kiss the ground!!!!





### The date has been set!!



#### When?

□ 23<sup>rd</sup> April 2022 & 21<sup>st</sup> May 2022

### Where?

□ The Irish Parachute Club based in Clonbullogue, Co Offaly, R45 RT99

### How many can be involved?

□ We can have 30 people in total for each jump and this can include 4 service users (or individuals with a disability) if they want to get involved – we have one service user space left for 23<sup>rd</sup> April and 4 for 21<sup>st</sup> May 2022





### What are we asking of you?



### Would you like to be involved?

 If you would like to be involved in this event please drop and email to <u>Deirdre.Lennon@Cheshire.ie</u> or contact <u>fundraising@Cheshire.ie</u> with your details by 31<sup>st</sup> December as numbers are filling fast

#### Costs

- We are asking a deposit of €260 from everyone who would like to do this jump this covers the actual jump, the instruction and the instructor who will be with you every step of the way this needs to be paid by 31<sup>st</sup> January 2022 please
- You will also need to pay €20.00 on the day to get your own personal PPE pack there is no negotiating on this as this is a health & safety requirement

### Fundraising

- As this is a fundraising event we would like to reach a target of €20,000.00 between everyone that jumps over the 2 days set
- We are asking everyone to raise a minimum of €260.00 and we are aiming to reach our target we don't mind if you want to raise more....but Absolutely pressure...this needs to be paid by 18<sup>th</sup> March 2022 please



### **Rules & Regulations?**



### Insurance

- □ You will need to arrange your own insurance and have a copy with you on the day
- □ You will need to sign waivers on the day with the club normal practice
- □ If you have a disability that impairs your speech you will need to ensure that you can communicate with the instructor up in the plane in some manner and
- □ If you struggle to write your carer/companion/family member will need to sign the relevant paperwork on your behalf and have authority to do so.

### Medical

- Over 16's may do the jump but will require guardian consent and the guardian/parent etc. must be present on the day unless they appoint another appropriate adult otherwise their jump cannot take place
- □ If you are over 50 you will need a GP letter confirming that you are fit to jump
- □ If a person has a serious medical condition, they will also require a letter from their GP stating they are fit to jump.
- □ If a person has a disability they will require a GP note saying they are fit to jump
- □ If someone wears any form of prosthetic, this will need to be removed before the jump







**Rules & Regulations cont....?** 

### Weight Restrictions

- □ Tandem Jump- 16.5 stone or 105kg
- □ Person with a disability 13.0/13.5 stone or 82.55/85.7kg

#### **Actual Jump**

- □ 7 people are in the plane with instructors at any given time including
- □ This may include 1 person who has a disability with as specialised instructor

#### Vaccinations

Whilst you will not be asked for a Covid-19 Digital Cert on the day, it is expected of everyone to maintain good hand hygiene and social etiquette and be respectful towards your fellow companions/friends/staff on the day





### Early Start – Late Finish.....



#### **Early Start**

- □ If you are participating you will need to be at the airfield for at least 8.15am no later as there are forms to be filled and instructions to be gone through before the jumps can commence so better to be on time
- Please be aware that as only 7 can be in the plane at any one time, it will be a long day so expect to be there till at least 4.30pm
- □ A person with a disability will take priority for jumping
- □ You will be allocated your groups for "jumping" when everyone has arrived
- We are hoping to provide a small treat bag for everyone in attendance but if you want to bring sandwiches/ extra items with you then that is ok too
- Make sure to bring something warm with you to wear it can get cold out on an airfield
- □ If you have friends and family coming to support you remind them to bring a camera so they can take pictures or video's we would love to see them (consent forms will need to be signed by all)
- □ The only reason the "JUMP" would not take place on the given day would be due to weather conditions and these are out of our control it will be the IPC that make that judgement call.
- □ Another day will be arranged if the weather decides to go against us and all funds paid/raised will be held until that day there is no time limit







We will provide you with the following in due course once you have signed up and paid your deposit:-

- □ Welcome letter
- □ Cheshire Ireland T-Shirt hot off the production line
- □ Sponsorship Card(s)
- □ Certificate of completion of jump (at the end)

#### We would be thrilled to have you on board

*If you would like information on ideas on how to fundraise just contact us at* <u>*fundraising@Cheshire.ie*</u> and will send you a pack via email

If you want help setting up a FB Fundraising page or idonate page let us know

Your support will mean a great deal to everyone

The funds you raise will really make a difference!!!













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